

# VAL'S TAVERN

EST. 1942

## CLASSIC APPETIZERS

EGGPLANT FRIES 8

MOZZARELLA STICKS 9

CHICKEN TENDERS 11

ARTICHOKE FRANCAISE 13

VAL'S MEATBALL 14

CALAMARI 15

## WINGS

Traditional or Grilled

BUFFALO - ASIAN SESAME - MANGO TANGO - BBQ  
- SWEET THAI CHILI - GARLIC PARMESAN 14

## BURGERS

8 oz angus beef, brioche bun, LTO & fries  
American, cheddar, mozzarella, Swiss, pepper jack

THE TAVERN BURGER  
*our signature burger* 14

BACON BLEU CHEESE BURGER  
*bacon lardons* 16

BEYOND BURGER  
*vegetarian-friendly* 14

BLACKENED TUNA BURGER  
*blackened ahi tuna, chipotle mayo* 17

TURKEY BURGER  
*avocado aioli* 14

## SANDWICHES

sandwiches served with FF

CAPRESE PANINI  
*fresh mozzarella, tomato, basil, pesto* 12

TURKEY CLUB  
*turkey, bacon, lettuce, tomato and mayo sandwich on seven grain bread* 13

PHILLY CHEESESTEAK  
*steak or chicken, peppers, onion, American cheese, Italian bread* 13

CHICKEN BLT WRAP  
*grilled chicken, bacon, lettuce, tomato, mayo, cheddar* 13

CLASSIC PARMESAN  
*chicken or meatball, mozzarella, marinara, Italian bread* 13

CHICKEN & SPINACH PANINI  
*grilled chicken, spinach, mozzarella* 13

PESTO CHICKEN CUTLET  
*roasted peppers, mozzarella, pesto, balsamic vinaigrette* 13

BUFFALO CHICKEN WRAP  
*grilled chicken, buffalo sauce, blue cheese and red onion* 13

CRAB CAKE  
*chipotle mayo, LTO, brioche bun* 15

SHRIMP & AVOCADO WRAP  
*grilled shrimp, avocado, mesclun mix, basil lemon aioli* 15

FILET MIGNON BST  
*filet mignon, swiss, bacon, tomato, chipotle mayo* 18

## SALADS

Add Grilled Chicken 6 - Shrimp 9 - Salmon 11

### CHOPPED SALAD

iceberg lettuce, diced salami, provolone, chickpeas, tomatoes, radicchio, olives, creamy Italian dressing 13

### TAVERN SALAD

mixed baby greens, green apples, caramelized pecans, dried cranberries, crumbled gorgonzola, apple cider vinaigrette 14

### KALE & BRUSSELS CAESAR

kale, brussel sprouts, balsamic reduction, parmesan, garlic croutons, tuscan caesar dressing 14

### AHI TUNA SALAD

mixed baby greens, blackened ahi tuna, tomatoes, cucumbers, soy sauce, cusabi dressing 17

### BEET SALAD

arugula, goat cheese, beets, pine nuts, basil oil, balsamic reduction 14

### CLASSIC CAESAR

romaine lettuce, parmesan, garlic croutons, traditional caesar dressing 12

## KIDS MENU

kids meals served with soft drink and ice cream sandwich 12

### Chicken Fingers & Fries

Grilled Cheese

Spaghetti & Meatball

Penne & Butter

Mozzarella Sticks

Mac & Cheese

Cheese Ravioli



## VAL'S FAMOUS THIN-CRUST PIZZA

Small - 14 Large - 17

### build your own pie - \$2 per item

Anchovies - Bacon - Broccoli - Black Olives - Cherry Peppers - Eggplant - Jalapeños - Onions Meatballs - Mushrooms - Pepperoni - Pineapple - Red & Green Peppers - Ricotta Cheese - Spinach - Sweet Sausage - Tomatoes - Extra Cheese - Gluten Free Crust

## SPECIALTY PIES

### LOBSTER PIE

a Val's original since 1942. topped with chunks of fresh lobster tail and your choice of mild or hot marinara sauce  
small 27 / large 31

### SHRIMP FRA DIAVOLO

our classic thin-crust pizza topped with shrimp and cherry peppers in a spicy tomato sauce  
small 23 / large 27

### BUFFALO or BBQ CHICKEN

chicken breast, bleu cheese dressing, red onion, and our buffalo sauce or chicken breast, mozzarella and bbq sauce  
small 20 / large 23

### MARGHERITA

the classic, topped with fresh tomatoes, fresh mozzarella, evoo, garlic, and fresh basil  
small 18 / large 21

### BEACH PIE

shrimp, garlic, mozzarella, ricotta, and parmesan cheese  
small 23 / large 27

### MEATBALL & RICOTTA

our traditional thin-crust pizza with meatball, ricotta and light onion  
small 19 / large 22

### SALAD PIE

arugula, fresh mozzarella, prosciutto, tricolor tomatoes, red onion, evoo, balsamic dressing  
small 19 / large 22

### SUPER PIE

the whole kitchen sink! sausage, pepperoni, onions, mushrooms, peppers, with or without anchovies  
small 22 / large 25

### SURF & TURF

Val's signature lobster pie with sausage and your choice of hot or mild marinara  
small 25 / large 30

### CAULIFLOWER CRUST PIE

crispy cauliflower crust, mozzarella cheese, pizza sauce  
14



A Jersey Shore Tradition

